

2017



Urban centre

Size

10,000-20,000

Mobility Organizational Structure & Environmental office





Summary

Incentives programme based on an online platform that allows universities to reward their students and employees with free gifts for cycling and walking to, from and around University.







Stakeholders

- Government of Cantabria.
- Ciclogreen Move and Win S.L. (www. ciclogreen.com).



Not available.



2017



Description

We have launched an annual incentives programme at the University that rewards students and staff with free gifts (e.g. 50 € gift-card for a supermarket, spa voucher, sport camera, free breakfast at the campus) for cycling and walking to the University (www.enbicialauc.com).

The students and staff only have to register on Ciclogreen, install the Ciclogreen activity tracking app on their mobile phones or connect the current freely available physical activity monitoring apps (Runtastic, Strave, Runkeeper,

Moves) to monitor their daily trips to the university or to join the proposed challenges, and start winning incentives.

Ciclogreen transforms their cycling and walking kilometres into points that users can redeem for rewards. Ciclogreen provides a customised platform including a control panel where the University can follow the evolution of the programme through access to data, such as, the number of active students, the total distance covered, and CO2 emissions saved.



Indicators

- · Number of students and staff involved.
- Number of kilometres covered.
- Number of rewards redeemed.



2017



367 students and staff involved since 10th of January (1 month and 20 days), that covered more than 15000 km (8400 cycling and 6600 walking), more than 100 rewards redeemed. You can see current metrics here: www.enbicialauc.com



Expense



From 0 to 10.000 €.

Government of Cantabria.



Students love incentives! We can use rewards to promote sustainable mobility.





Get rewards for cycling at the university







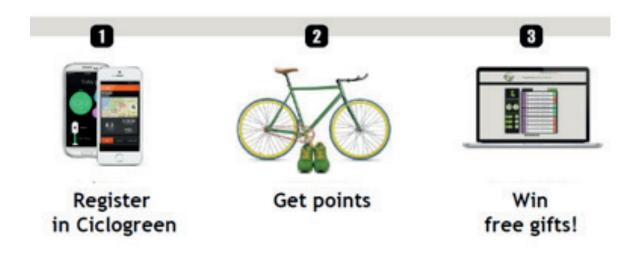




Fig 1, 2 and 3: Images of the app



2017



Results at University of Cantabria after 3 months



- + 380 participants
- + 17.500 km cycling and walking
- + 120 rewards reedemed



Fig 4: Results at University of Cantabria



